

## W.I.S.H. – WELLNESS, INTEGRITY AND SUSTAINABLE HEALTH PAIN MANAGEMENT PROGRAM

WISH is an integrated medical and behavioral health program designed to treat chronic pain, effectively and compassionately, primarily through the use of non-opioid interventions. Our goal is to increase patient quality of life. We believe a holistic approach to the management of pain will allow for improved function and the reduction of debilitating symptoms. The effective treatment of chronic pain demands a system of care that understands patients as individuals.

- ***Our aim is overall patient wellness*** – Understanding the source of the patient’s pain and its impact on their life is critical to addressing the issue of chronic pain.
- ***In a healing setting patient integrity is our focus.*** Our treatment coordinators will work with our patients and their primary care physicians to determine and structure a program specifically tailored to their pain management needs.
- ***We believe sustainable health*** is a state of complete physical, mental, and social well-being and not merely the absence of disease.

## 2015/16 WISH PAIN MANAGEMENT PROGRAM OUTCOMES

### Reported Emergency Room visits while engaged in WISH



Six-months of program outcomes have demonstrated that 90% of program patients reported less pain at its worst, 80% reported less pain on average, 70% reported less interference with general activity, 70% increased their ability to walk, 75% report an increased ability to do normal work, 75% reported better mood and 70% report they are sleeping better, and 50% report increased enjoyment of life.

