

W.I.S.H. - WELLNESS, INTEGRITY AND SUSTAINABLE HEALTH PAIN MANAGEMENT PROGRAM

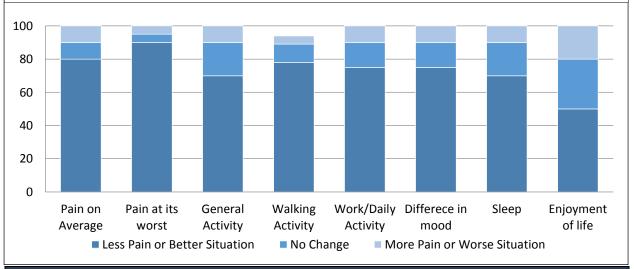
WISH is an integrated medical and behavioral health program designed to treat chronic pain, effectively and compassionately, primarily through the use of non-opioid interventions. Our goal is to increase patient quality of life. We believe a holistic approach to the management of pain will allow for improved function and the reduction of debilitating symptoms. The effective treatment of chronic pain demands a system of care that understands patients as individuals.

- Our aim is overall patient <u>wellness</u> Understanding the source of the patient's pain and its impact on their life is critical to addressing the issue of chronic pain.
- In a healing setting patient <u>integrity</u> is our focus. Our treatment coordinators will work with our patients and their primary care physicians to determine and structure a program specifically tailored to their pain management needs.
- We believe <u>sustainable health</u> is a state of complete physical, mental, and social well-being and not merely the absence of disease.

2015/16 WISH PAIN MANAGEMENT PROGRAM OUTCOMES



Six-months of program outcomes have demonstrated that 90% of program patients reported less pain at its worst, 80% reported less pain on average, 70% reported less interference with general activity, 70% increased their ability to walk, 75% report an increased ability to do normal work, 75% reported better mood and 70% report they are sleeping better, and 50% report increased enjoyment of life.



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